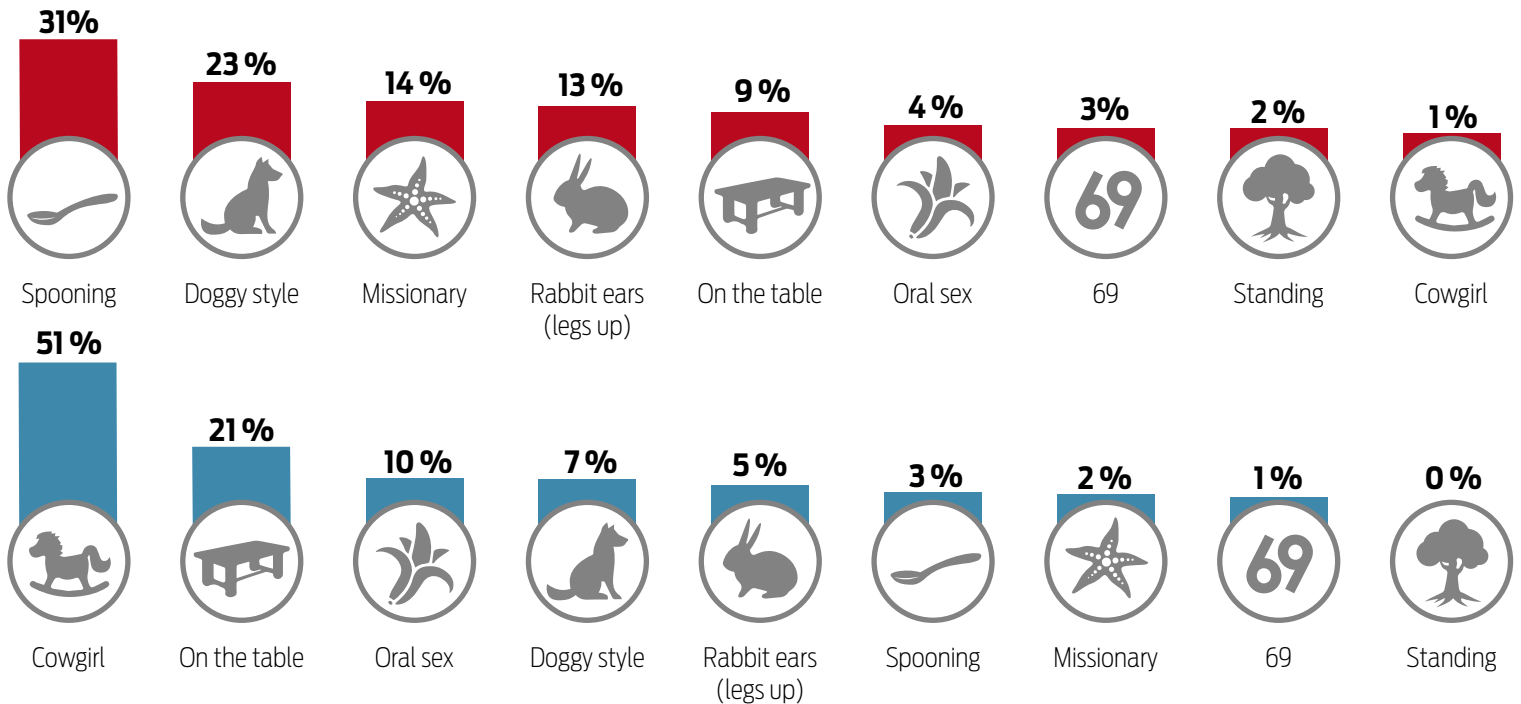


Sexercise: Facts & Figures



The most popular sex positions of Canadian users

■ Woman
■ Men



By doing **all positions** for about **10 minutes** each, a woman weighing 57 kilogrammes would burn about **253 calories** during a makeout session. A man weighing 80 kgs would burn about **374 calories**.

That's the calorie equivalent of **1.5 slices** of salami pizza (for the woman) and **2 slices** of salami pizza (for the man).



OR about **1 litre** of beer or **0.3 litres** of white wine.



Picture: ©marinaevetova / Fotolia.com